

Primary Health Care

Clinic Services

Four Health Clinics staffed by nurses, offer the following services on specific days, (by appointment except in emergency):-



- Hypertensive / Diabetic clinic
- Nutrition and dietary counseling
- Weekly doctor's clinic
- Child health clinic for under fives
 - Weight and height
 - Health review
 - Nutrition / health counseling
 - Immunization
 - Developmental assessment
- Antenatal/Postnatal clinic
- Family Planning
- Free pap smears by appointment
- Breast examination
- HIV counseling and testing
- Dressings three days per week
- Treatment of minor ailments
- Advice and referral
- School Health Programme
- Home visits to housebound elderly, antenatal, postnatal, dropouts etc
- Eye clinic and other specialist Clinics (occasional)

For more detail, see leaflet on
Community Nursing Services

Environmental Health

- Vector control
- Food safety and sanitation inspection
- Information and advice on environmental issues

Dental Clinic

- A range of dental services for exempt groups
- Dental education

Mental Health

- Promotion of positive mental health
- Diagnosis, treatment and follow up of persons with mental health problems
- Outreach activities for the mentally challenged

Health Promotion Unit

- Information on healthy lifestyles and other health issues
- Educational sessions and media presentations
- Collaborates with other sectors and groups on joint health activities

HIV/AIDS

Coordination of all aspects of HIV/AIDS including:-

- Prevention
- Voluntary counseling and testing
- Treatment and care
- Prevention of stigma and discrimination



Secondary Health Care

Glendon Hospital St John's

- General medical and surgical wards
- Obstetric (maternity) ward
- Medical and surgical outpatient clinics
- Operating theatre
- Accident and Emergency



- Ambulance service
- X-ray Department
- Laboratory (open 8.30 am – 11:00 am)
- Pharmacy (open 9:00 am – 1:00pm)
- Nutrition services including dietary counseling by appointment
- Physiotherapy
- Visiting specialists (occasional)
- Referral to regional specialists as needed



Nursing Education Programme

In collaboration with Montserrat
Community College

Care of Older Persons

Margetson Home

- Nursing home for older persons
- Forms part of hospital complex

Golden Years Home

- Residential care for older persons
- Run by Golden Years Foundation

Warden Assisted Housing, Lookout

- Supervised accommodation for older persons who can help themselves.
- Run by Community Services Department.



Please note: All these facilities have very limited places, and priority is given to those with greatest need.

Voluntary Groups assisting older persons

- Old People's Welfare Association (OPWA)
- Evergreen Senior Citizens Club
- St Vincent de Paul Society

Non-Government and Private Sector

Private Practitioners

- Medical doctors' private practices
- Private dental surgeon
- Private Pharmacy
- Massage therapists

Montserrat Diabetes Association

- Monthly meetings with educational sessions
- Weekly educational radio programme.

Montserrat Red Cross

- First Aid
- HIV/AIDS peer educators
- Contact tracing

Service Clubs

With a health perspective

- Montserrat Rotary Club
- Montserrat Shamrock Lions Club
- Optimist Club
- Rotaract Club
- St Luke's Guild

Important Telephone Numbers

<i>Hospital</i>	491- 2843/ 2835/ 2552
<i>Environmental Health</i>	491- 6057
<i>Dental</i>	491- 7404
<i>HIV</i>	491- 4533
<i>Mental Health</i>	491- 3879
<i>Clinics:- St. John's</i>	491- 5218
<i>Cudjoe Head</i>	491-5258
<i>St. Peter's</i>	491- 5436
<i>Salem</i>	491- 5256

A Guide to Health Services on Montserrat



For further information please contact the
Ministry of Health

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